Abstract

The biodegradable sheet is a laminated sheet including at least two layers. Each of the layers forming the laminated sheet is a resin composition comprising 75 to 25% by mass of a polylactic acid resin, and 25 to 75% by mass of a polyester resin having a glass transition temperature not exceeding 0 degrees C and a melting point higher than the glass transition temperature of the polylactic acid resin, and not exceeding the melting point of the polylactic acid resin, based on 100 mass percent of the total amount of the polylactic acid resin and the polyester resin. The D-lactic acid content of the polylactic acid resin contained in one layer, and the D-lactic acid content of the polylactic acid resin in the other layer are determined to satisfy a predetermined relationship. The laminated sheet is subjected to crystallization treatment.